

Coast Salish... is to breastfeed your child, as it is the best possible start you can give them.



HUL'QUMI'NUM' HEALTH

we are Coast Salish

www.wearecoastsalish.com

Hul'qumi'num' Health is committed in its mandate to offer Aboriginal Community Health Services that are grounded in the Coast Salish Traditions, where programs and services flow from the "Snuw'uy'ulh,"

the teaching that promotes health and happiness to the people – our way of life. Programs are planned, implemented and evaluated in the spirit of "nuts'amaat shqwaluwun," one heart, one mind.



Ministry of
Healthy Living
and Sport



CHEMAINUS FIRST NATION
FIRST NATIONS AND INUIT HEALTH
MALALET FIRST NATION
PENELAKUT FIRST NATION
HIYE'YU LELUM SOCIETY

LAKE COWICHAN FIRST NATION
MALAMAT FIRST NATION
PENELAKUT FIRST NATION
ST'UMIYUS HEALTH CENTRE