

Coast Salish... is preparing healthy food and sharing it as a family.



# HUL'QUMI'NUM' HEALTH

*we are Coast Salish*

[www.wearecoastsalish.com](http://www.wearecoastsalish.com)

Hul'qumi'num' Health is committed in its mandate to offer Aboriginal Community Health Services that are grounded in the Coast Salish Traditions, where programs and services flow from the "Snuw'uy'ulh,"

the teaching that promotes health and happiness to the people – our way of life. Programs are planned, implemented and evaluated in the spirit of "nuts'amaat shqwaluwun," one heart, one mind.



Ministry of  
Healthy Living  
and Sport



CHEMAINUS FIRST NATION  
FIRST NATIONS AND INUIT HEALTH  
HALALT FIRST NATION  
HUYE'YU LELUM SOCIETY

LAKE COWICHAN FIRST NATION  
MALANAT FIRST NATION  
PENELAKUT FIRST NATION  
SE'UMINUS HEALTH CENTRE